



Stomp Out Diabetes



2022 3rd Grade Outcomes

SOD was started in 2014 by South Texas Juvenile Diabetes Association as a weeklong preventative program, reaching between 18,000 to 23,000 elementary school age children in several school districts. This program provides nutritional facts, healthy snacking options, and interactive physical activities that any age group can accomplish. To measure awareness and education, the SOD program has children complete a pretest before starting the program and a post-test after completing the program. The 2022 results for the 3rd graders were as follows:

Participating School Districts

- Edcouch Elsa ISD
- Donna ISD
- Weslaco ISD
- Roma ISD
- Progresso ISD
- La Feria ISD
- Lyford ISD
- La Villa ISD
- Monte Alto ISD
- La Sara ISD

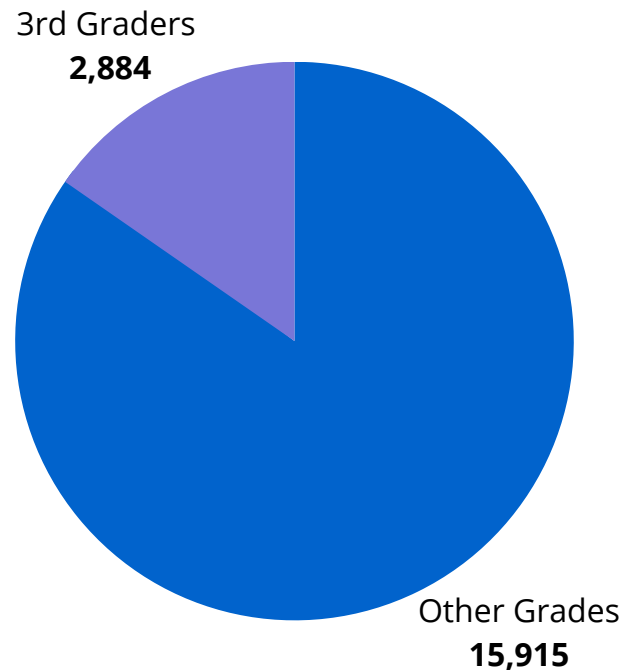
Program Reach

There was a total of **18,799** participants enrolled in SOD and **2,884** of them were 3rd graders.

Knowledge Gain

Pre and post-test score comparisons show that students' **knowledge** about diabetes and diabetes prevention **doubled!** The average score went from 31% in the pre tests to 61% in the post tests.

3rd Grade Students



Knowledge Gained

