



## 2023 QR CODE PROJECTS

The Pre-education Workgroup has worked on several projects and resources. Some of these projects included a traveling exhibit which contains QR codes to resources such as a Partner Service list, a Hydration Calculator, and a Prediabetes Risk Test. These resources were created as a call to action for our community. To measure the reach of these resources, UCD has gathered the number of scans to each one. The results from July 1st, 2023 to September 30th, 2023 were the following:

### UCD PARTNER SERVICES

The UCD Partner Services is a list that was created by the pre-education workgroup to inform the community of the different services offered by our partners. The QR code to this list can be found in the traveling exhibits.

### NUMBER OF SCANS

English: 6  
Spanish: 9

### HYDRATION CALCULATOR

The Hydration Calculator is an online calculator used to calculate the recommended amount of water intake based on gender, age, weight, and height. The QR code to this calculator can be found on the traveling exhibits and on water bottle inserts.

English: 0  
Spanish: 0

### PREDIABETES RISK TEST

The Prediabetes Risk Test is a self-assessment composed of 7 questions relating to only health traits that people would know about themselves such as age, height, and weight, but not blood sugar or cholesterol levels. Each question assigns 0-3 points depending on the response and at the end all points should be added. A person with a high score on the risk test (five points or more) is at significant risk for having prediabetes. However, only a blood test can determine an official diagnosis. The QR code to this test can be found on the traveling exhibits, UCD Sugary Beverage Display, parking lot signs, flyers, and posters.

Traveling Exhibits:  
English: 0  
Spanish: 1

UCD Sugary Beverage Displays:  
English: 39  
Spanish: 58

Parking Lot Signs, Flyers, and Posters:  
(General Use)  
English: 85  
Spanish: 62

Although there is a general QR code for the Prediabetes Risk Assessment, it is used mainly for community stakeholders who are not UCD partners at the moment. Those who are UCD partners have the option of obtaining a parking lot sign, flyer and/or poster with a customized QR code for their location. This allows UCD to track the number of scans from each of our partners. The purpose of this is to identify which locations have more traffic and identify areas of higher need for diabetes education and medical aid. Below are the partners that have a customized parking lot sign, flyer, and/or poster and the number of scans to each.

<p><b>El Milagro:</b>            English: 4            Spanish: 7            El Milagro Mobile Unit: 0</p>	<p><b>Rio Grande State Hospital:</b>            English: 1            Spanish: 1</p>
<p><b>HOPE:</b>            English: 0            Spanish: 5</p>	<p><b>UT Health Houston:</b>            English: 3            Spanish: 3</p>
<p><b>Hidalgo County P4:</b>            English: 0            Spanish: 1</p>	<p><b>South Texas Juvenile Diabetes Association:</b>            English: 0            Spanish: 0</p>
<p><b>IDEA Public Schools:</b></p> <p>IDEA Alamo: 1            IDEA Donna: 0            IDEA Edinburg Toros: 0            DEA Edinburg Toros: 0            IDEA Harlingen: 0            IDEA Weslaco Pike: 0            IDEA Weslaco: 0</p>	<p><b>Su Clinica:</b></p> <p>Brownsville:            English: 0            Spanish: 0</p> <p>Harlingen:            English: 0            Spanish: 0</p> <p>Raymondville:            English: 1            Spanish: 0</p> <p>Santa Rosa:            English: 0            Spanish: 0</p>
<p><b>La Union del Pueblo Entero:</b>            LUPE Rio Grande City: 0            Lupe San Juan: 8</p>	<p>Poster            (Spanish Only)            Flyer            (Spanish Only)</p>
<p><b>Mission Regional Medical Center:</b>            English: 0            Spanish: 0</p>	<p>Poster</p>
<p><b>Proyecto Juan Diego:</b>            English: 7            Spanish: 12</p>	<p>Parking lot sign</p>

Total scans across ALL  
 Prediabetes Risk Test QR  
 codes:  
**526**