



2022 LUNCH & LEARN EVALUATIONS

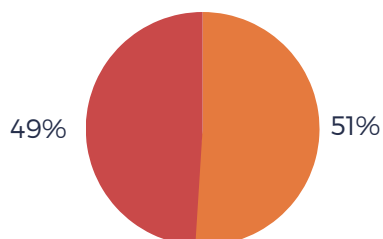
The Pre-education Workgroup initiated a Lunch & Learn (L&L) program as part of the Prevent Type 2 initiative to help partners and community members learn more about all aspects of health including mental, physical, and nutrition. Lunch & Learns are 30 minute sessions held on Fridays at noon via Zoom.

During this time a partner or stakeholder is able to present on health-related information and/or resources they may have available for our community. UCD encourages partners and community members to join us by sending out invitations to register via email and our monthly newsletter. The following were the results for the 2022 Lunch & Learn sessions:

18

Total Lunch & Learns

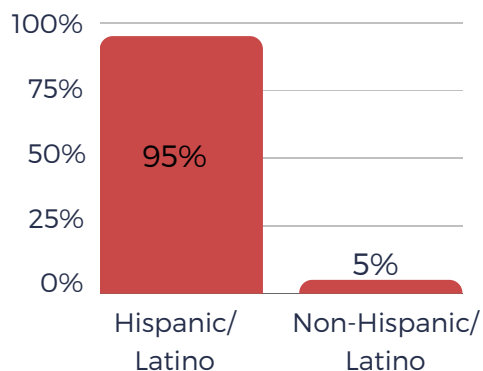
AVERAGE ATTENDANCE PER L&L



■ Attended ■ Registered, No Attendance

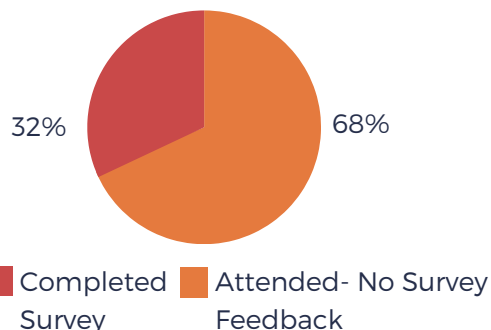
From all who register for each L&L, about half made it to each L&L session.

PARTICIPATION BY ETHNICITY



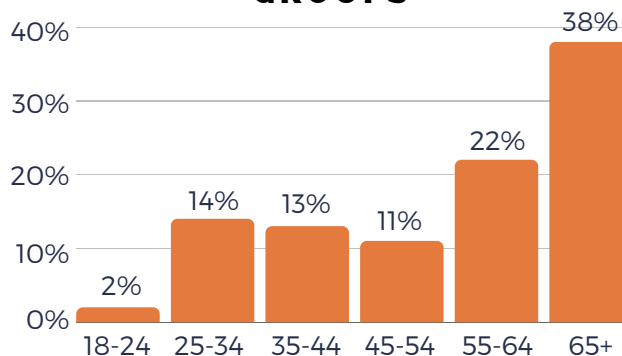
95% of participants were Hispanic or Latino.

SURVEY PARTICIPATION



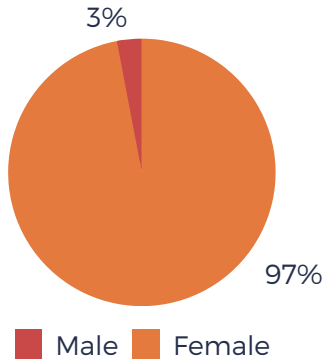
After each L&L session, UCD followed up with attendees by sending them a survey requesting feedback for the L&L. Approximately, **The following results are based on 63 survey submissions.**

PARTICIPATING AGE GROUPS



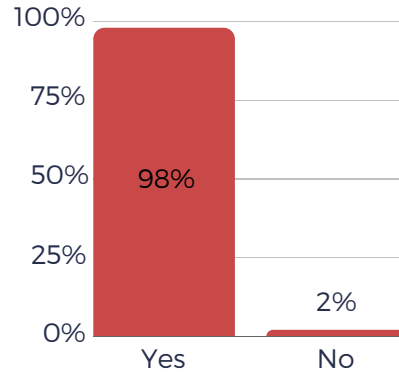
60% of participants were 55 years of age or older.

PARTICIPATION BY GENDER



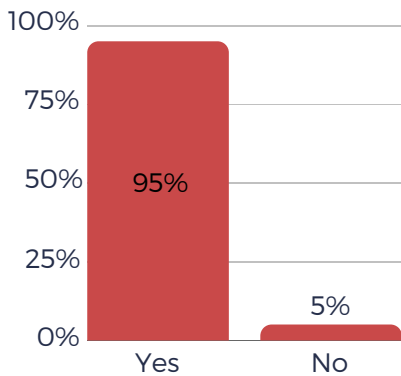
97% of the participants were females, indicating a need for more male participation.

L&L INFORMATION MEANINGFULNESS



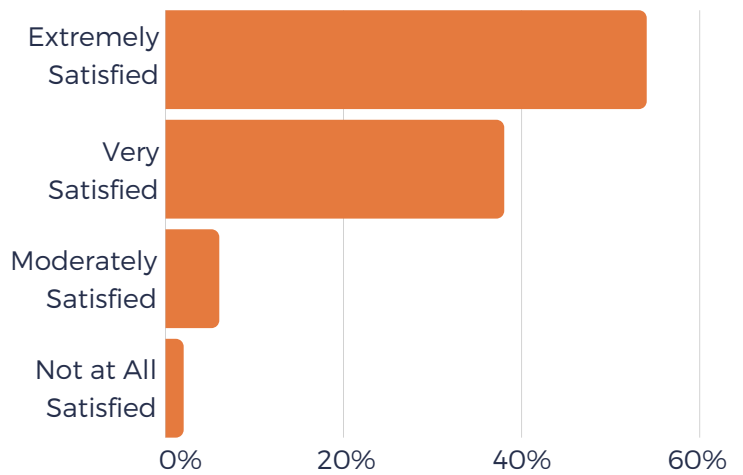
98% of the participants agreed that the presentation contained meaningful information.

L&L KNOWLEDGE GAIN



95% of the participants reported that they learned something new.

L&L SATISFACTION RATES



92% of the participants reported they were either very satisfied or extremely satisfied with the presentation.

NO ATTENDANCE FEEDBACK

A separate survey was sent out to all who registered for a L&L but were not able to attend. The purpose of the survey was to find out why these participants missed the L&L(s) and identify how UCD can make L&L sessions more convenient.

The following feedback was collected from 13 participants who missed a L&L. 6 participants had another work meeting that overlapped.

Other participants reported that they had other events such as unplanned vacation or had to take Personal Time Off.

NO ATTENDANCE FEEDBACK

